

DRIVING TOWARDS RESILIENCE



Founded in 1946, The Mental Health Association of Westchester delivers innovative and integrated behavioral health services to individuals and their families.

MHA's Driving Towards Resilience program provides neighborhood and community based services for individuals living in Rockland and Westchester counties through our behavioral health mobile units.

Our mobile units will be available in the community at scheduled designated sites. They are fully equipped with spaces for confidential conversations, as well as space for those seeking connection and support in a calm and welcoming environment, and capacity for telehealth connection to additional resources.

Our team of Licensed Clinicians, Care Managers, Peer Specialists and Medical Staff provide mental health-related services, screenings and referrals.

Contact

For more information, please contact:
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